

Smexy Underwear - Pattern and instructions

Undies, underwear, unmentionables, pants, panties, knickers, bloomers, drawers, briefs, etc. Whatever you call them, we all need them and wear them – but not many of us have ever tried to sew our own – until NOW ! And I've made a free pattern so you can all make your own to show off.

I'm pleased to say these are comfy, don't show under slim fitting clothes because there is no bulky seams at the top and leg, and have an official thumbs up approval from my husband. They are a hit.



What Size Do I Need?

All of the sizes are on the same pattern. Take a look at the following size chart to see which size you need. These are based on a hip measurement around the hip bones, so if your widest part is lower, around the bottom or thighs, use the higher hip bone measurement for this chart.

- Extra small – hips 32-34
- Small – 35-37
- Medium – 38-40
- Large – 41-43

Sizing will also depend on the amount of stretch in your lace, and whether you tend to prefer a looser or snugger fit. A lace that stretches more will not feel as tight as one that stretches less.

If you fall in between sizes, you can also cut between the lines, and you can 'grade' from one size to another by, for example, cutting a medium in the waist curving out to a large at the hip if you need to.

Always test the fit using the paper pattern pieces, or an inexpensive test fabric before cutting your expensive lace or fabric for these undies.

Fabric required

Take a look for some nice stretch lace you like, in about a 4-6 inch width.

A larger sized lady may prefer a wider lace, a more petite lady may prefer a narrower lace. But we all like different styles, pick the style of lace or even fabric that you like.

Materials needed

Once you are all set to sew, you will need the following materials:

- Stretch lace with a finished edge on both sides – recommended 4 to 6.5 inches wide with a good amount of stretch
- Matching regular thread
- Piece of cotton jersey – new or recycled
- Sewing machine
- Recommended – [Overcasting foot](#)



An overcasting foot is recommended for sewing with stretch lace to get a really nice narrow finished seam and edge inside. Along with the special stitch on your sewing machine, you will get an all-in-one stitch, which sews the seam, allows for stretch and neatens the raw edges all in one go.

If you don't have the overcasting stitch or the overcasting foot, you can just use a regular foot and a zig-zag stitch sewing close to the edge, or a triple stretch stitch if your machine has one.



Making up your pattern

1. Get a measuring tape and measure around your hips to see what size you need. Measure your high hips near where the top of your hip bones are - where you might wear a pair of low-rise briefs.

Look at this chart to determine your likely size.

- Extra small – hips 32-34
- Small – 35-37
- Medium – 38-40
- Large – 41-43

2. Your pattern pieces are at the end of these instructions. Print the last 3 pages. Do not scale or adjust to fit, or center. Just print them actual size without any fancy print options.

3. Tape your pattern pieces together, matching the lines and the dots. Your 3 pieces once assembled should look like this →



4. Now cut out your pattern piece. Don't forget to cut out the liner piece too.

The pattern is made deliberately tall to accommodate any width of lace you might want to use. I suggest 4 inches to 6 inches or so wide. Don't worry if your lace doesn't come all the way up to the top line. So long as it's straight along the bottom line, that's fine.

Cheeky panties sewing instructions

1. Lay your lace out flat with the right side facing up. Place your pattern on the top, lining up the long bottom edge of the pattern with one edge of your

lace. You might just peak the edge of the lace a fraction out from under the pattern so you can see it is flat and straight. Cut one piece.



2. Take your cut piece and lay it face down on the remaining lace so that both right sides are together. If you have a large pattern repeat or a distinctive pattern in your lace, you might try to mirror the pattern so the finished undies look symmetrical. Use the first lace piece you have cut as a pattern to cut the piece for the other side. By placing the fabric right sides together, you make sure that you have two mirror pieces.
3. Use the small liner pattern piece to cut a piece of cotton jersey.

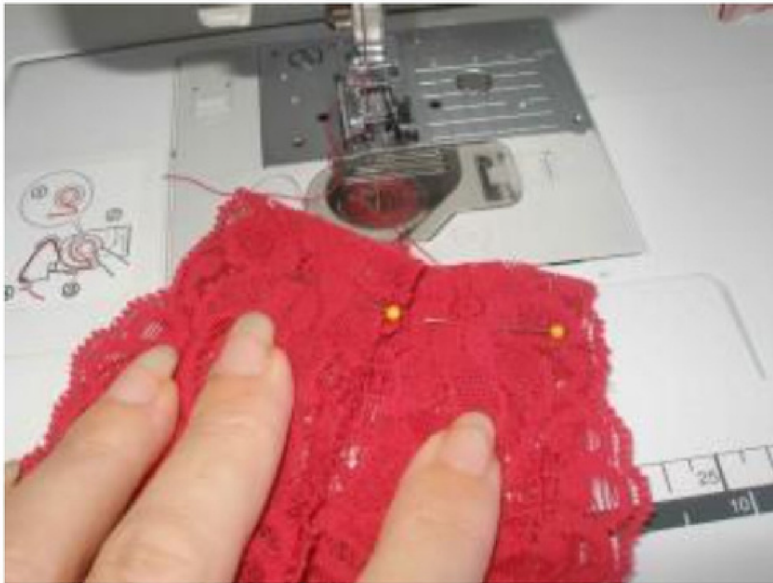


4. Match your lace piece right sides together and pin the two pieces along the curved seams. Match the edge of the lace carefully and then sew, overcast or

serge along the two curved seams using a stitch that will stretch. (Stretch overcasting, triple stretch or zig-zag stitch.) Do this for both sides.



5. Keep your fabric right sides together and match up the two squared ends, matching the center seams and lace edges carefully. Sew along this seam.



6. You can now turn your undies the right side out and try them on for fit. If you find them a little loose, you can sew again just inside the existing seams and then trim away any excess.

7. Now pin the cotton liner over the center of the 4-way seam in the crotch. The lining piece is slightly more curved at the front edge, flatter at the back. In case you can't recognise the front and back of your undies, the back will have a longer seam from the center because it has to go over your rounder part (your bum) at the back. I like to use plenty of pins to hold it in place.





8. Sewing along each long edge with a zig-zag or a triple zig zag stitch. Sewing the front and back seams are optional.

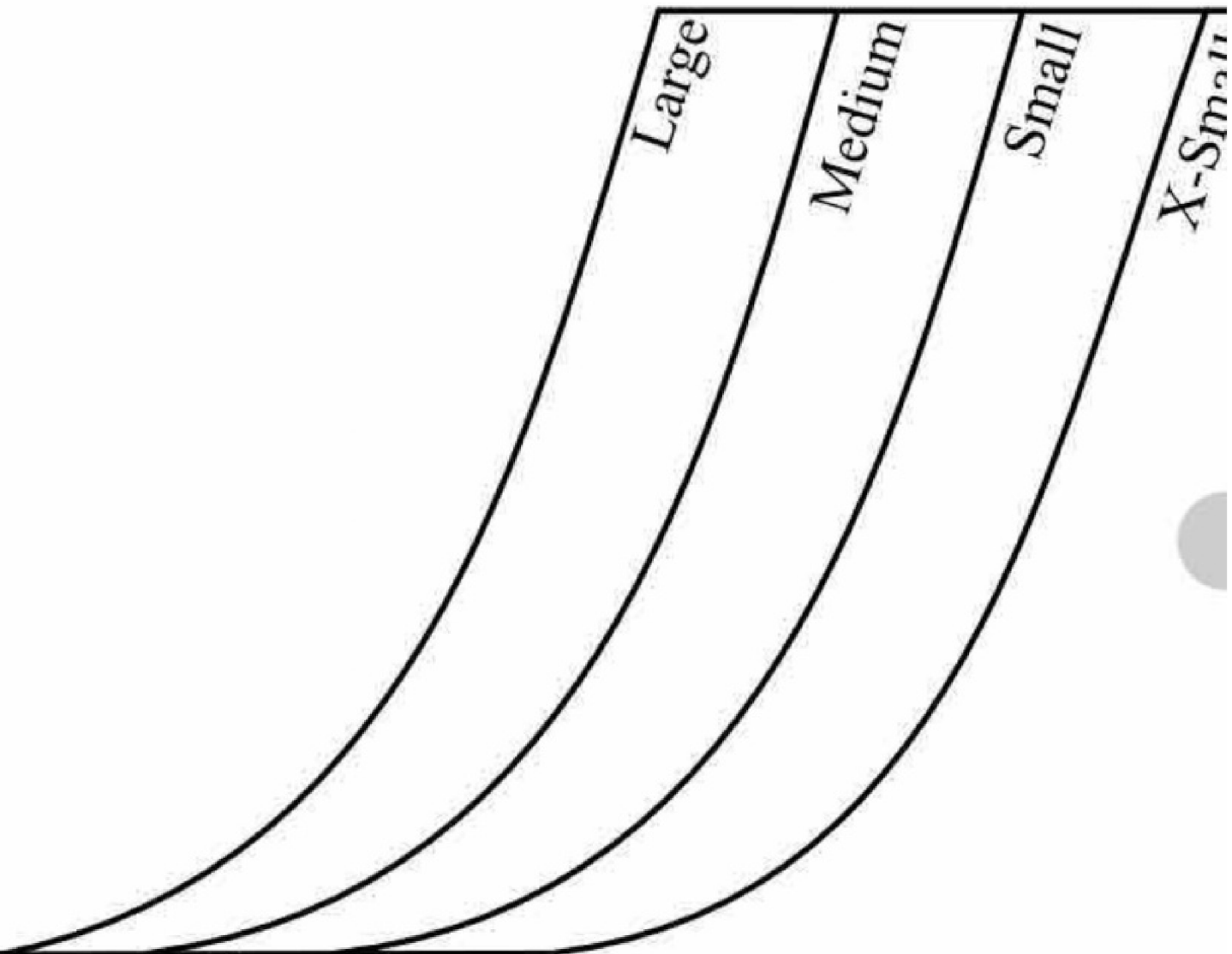


9. Trim any threads and your are done. Parade around the house in your new undies with pride!

I got all over excited and made several pairs. Here are a few photos of my undies.



Large
Medium
Small
X-Small



Cut 2 in stretch lace.

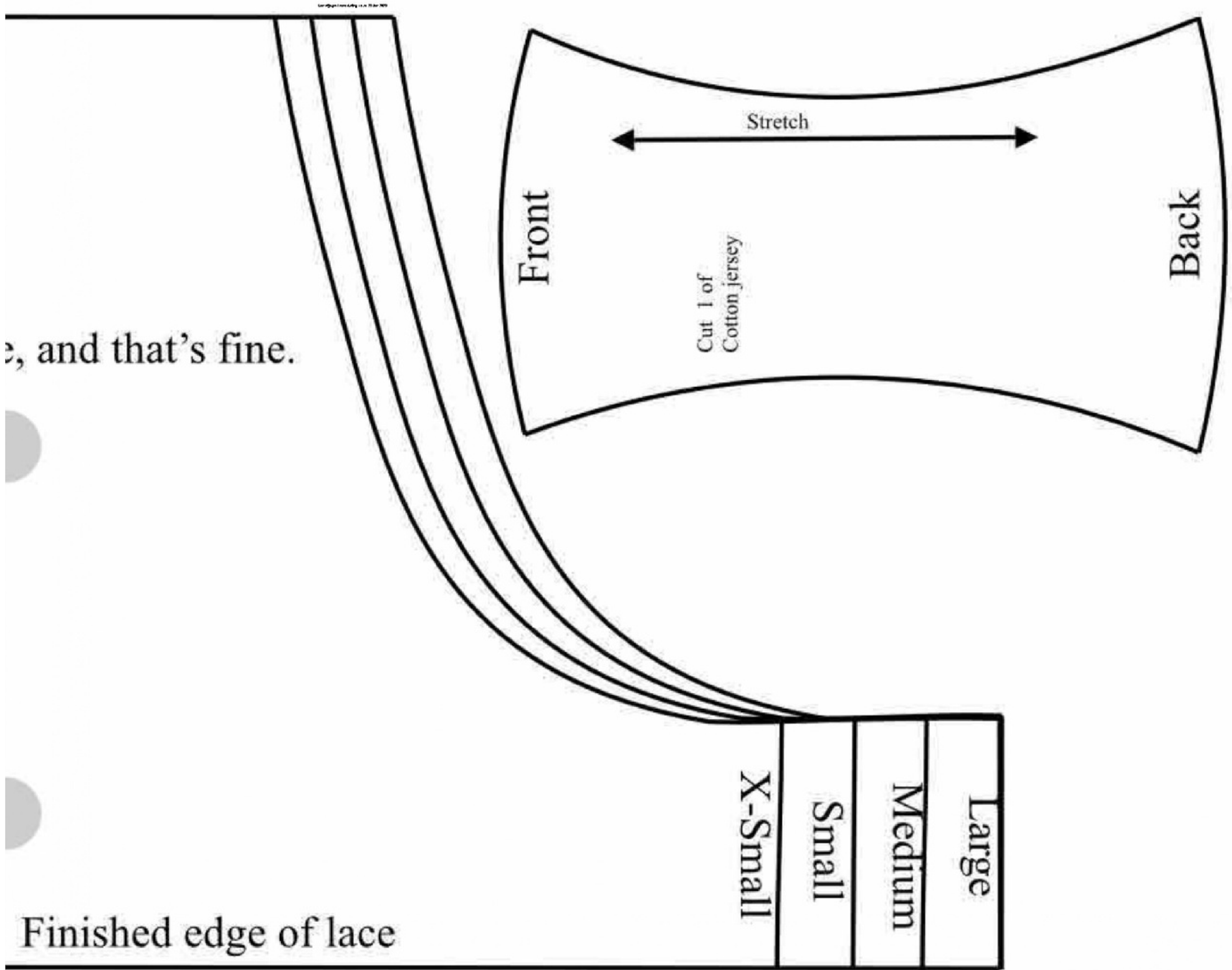
Line up finished edge of lace against the bottom of the pattern.

Depending on the width of your lace, it may not reach to the top line

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ished edge of lace



e, and that's fine.